

THE HUMILITY REVOLUTION

This segment comes from **EPISODE 4: POWER + HUMILITY.**

The church's record of holding power – from Emperor Constantine in the 4th century onwards – has involved some terrible acts of coercion, exploitation, and abuse. Yet Jesus set an example of selfless service, and started a "humility revolution" that fundamentally transformed the West and the way we think about leadership and power. For groups like women and indigenous peoples, what has it looked like when Christians have exercised power for their own benefit? What has it looked like when they've exercised it for the good of others? This segment looks at the "humility revolution" that Jesus started, and how within just 500 years it had radically transformed Roman culture.



- 1. What does it mean to be humble?
- 2. What is it about a humble person that we find attractive?



- **1.** What do you think it means for a person to be "great"? Brainstorm qualities and characteristics associated with the idea of "greatness".
- 2. Read <u>this article (cpx.video/wedding</u>) about where celebrities were seated at the Royal Wedding between Prince Harry and Meghan Markle.
 - **a.** What did the seating arrangements reveal about how important particular guests were to the couple?
 - **b.** How do you think the celebrities seated in the front of the chapel would have felt? What about those at the back?
 - c. Write your own tweet reacting to the seating of celebrities.

3. Read the quotes below:



Choose one of the quotes, and complete the following sentences:

- a. The quote from _____ resonates with me most because ...
- **b.** It bothers me when people are not humble because ...

UNDERSTAND AND EVALUATE



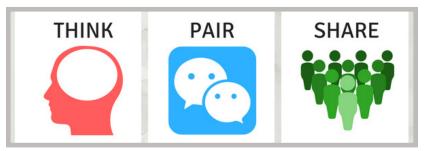
WATCH the segment: "The humility revolution" (cpx.video/humility)

1. Some of the Delphic Maxims included:

"Help your friends."

- "Nothing to excess."
- "Honour good people."
- "Mete out justice."
- "Don't mock the dead."

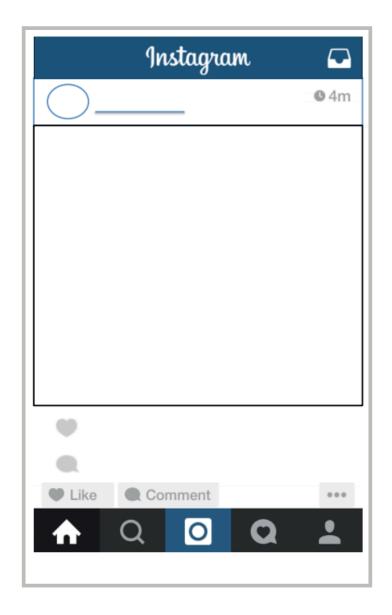
Are you surprised that none of these moral teachings include the idea of humility? Why or why not?



a. Describe Aristotle's view of humility.

2.

- **b.** Explain why ancient Greek culture had such a negative view of humility.
- 3. How do early Christian burial chambers reflect the value of humility?
- **4.** Imagine you were witnessing the encounter between Emperor Justinian and Sabas. Create an Instagram post which shows the event and your reactions (you can draw or find an image online).



- **5.** Consider the crucifixion of Jesus.
 - **a.** Explain the significance of crucifixion as a method of execution during the time of Jesus.
 - **b.** Outline the thoughts that Jesus' followers would have had to process when their leader was crucified.



READ Mark 10:35-45.

- 1. In your own words, describe what James and John are asking Jesus.
- 2. Jesus makes a contrast between himself and the Gentile leaders as well as how the disciples should exercise leadership. Outline the differences in the table below:

Jesus' leadership	Gentile leaders	The disciples as leaders

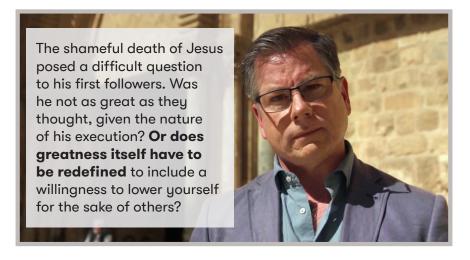
3. Explain Jesus' use of the word "ransom" in v.45.

READ Philippians 2:1-11.

- 1. Describe a friendship conflict or disagreement you currently have or have had in the past.
 - a. What attitude does this passage say we should have?
 - **b.** How would you apply this to your situation?



- 1. Write three additions to the Delphic Maxims that reflect the value of humility.
- 2. Read the following quote from the documentary. Do you think a definition of "greatness" should include humility? Discuss.



- **3.** Think about leadership roles you might hold or aspire to at school. What are your motivations for being given these roles?
- **4.** In what ways do you think Christian leaders should behave differently to people in leadership who do not seek to follow Jesus?



- **1.** Read this 2011 ABC Religion and Ethics article by John Dickson: <u>How Christian humility upended the</u> <u>world (cpx.video/humilityarticle)</u>. Write down:
 - **a.** One thing that stands out to you.
 - **b.** One question you have or aspect that you want to investigate further.
 - **c.** One idea you want to take away from the article and apply to your own life or your school community.